

7th SLEuro

Advanced Workshop on SLE

12-13 SEPTEMBER 2025

TALLINN, ESTONIA

FINAL PROGRAMME

PRESENTATION

It is our great pleasure to invite you to the 7th SLEuro Advanced Workshop on SLE, which will take place on 12-13 September 2025 in the captivating city of Tallinn, Estonia. Renowned for its rich history, and beautifully preserved medieval architecture, Tallinn offers a unique and inspiring setting for this important scientific event. As you engage with the latest developments in lupus research, you'll also have the opportunity to explore the charm of this dynamic city, where centuries-old traditions meet cutting-edge innovation.

Hosted by a distinguished panel of experts and local faculty, the SLEuro Workshop aims to provide an interactive, high-level platform for exchanging insights into the clinical challenges and advanced treatments of SLE. Our comprehensive program will cover a wide range of topics, including disease pathogenesis, novel therapies, translational medicine, and the latest strategies in clinical management. With international participants and faculty, this workshop offers also valuable perspectives on regional approaches to lupus care.

With thought-provoking discussions, real-world case studies, and meaningful networking opportunities, this workshop promises to be a rewarding experience for all participants - whether you are seeking to expand your expertise or remain at the forefront of lupus care. Together, we continue to advance the science and understanding of this complex disease.

We look forward to welcoming you to Tallinn.

Best regards,

Dr. Sandra Meisalu
Local Organizer



Prof. Luís Pedro Sousa Inês
SLEuro President



Prof. Laurent Arnaud
Workshop Coordinator





Advanced Workshop on SLE

SLEuro
EUROPEAN LUPUS SOCIETY

EUROPEAN LUPUS SOCIETY - SLEuro

Executive Committee

President

Luís Pedro Sousa Inês, *Portugal*

President Elect

I. Parodis, *Sweden*

Past President

Laurent Arnaud, *France*

Secretary General

Edward Vital, *United Kingdom*

Treasurer

Andrea Doria, *Italy*

Members

Francesca Faustini, *Sweden*

Mariele Gatto, *Italy*

Karoline Lerang, *Norway*

Lars Rönnblom, *Sweden*

Y.K.Onno Teng, *The Netherlands*

Anne Trolborg, *Denmark*

Scientific Committee

Local Organizer

Sandra Meisalu, *Estonia*

Speakers

Andrea Doria, *Italy*

Kai Kisand, *Estonia*

Karin Laas, *Estonia*

Raili Müller, *Estonia*

Kati Otsa, *Estonia*

Ioannis Parodis, *Sweden*

Eve-Kai Raussi, *Estonia*

Luís Pedro Sousa Inês, *Portugal*

Edward Vital, *United Kingdom*

Workshop Coordinator

Laurent Arnaud, *France*

EUROPEAN LUPUS SOCIETY

SLEuro
EUROPEAN LUPUS SOCIETY

Viale E. Forlanini, 23

20134 Milan (Italy)

Phone +39 02 566011

SLEuroSecretariat@aimgroup.eu

SOCIAL MEDIA

Follow us #SLEuroSociety



General and Scientific Information

Meeting Venue

Mövenpick Hotel Tallinn

Lembitu tn 12

10114 Tallinn (Estonia)

SLEuro Secretariat

The registration desk will be available during the following days and timings:

- Friday 12 September 12:30 - 18:30
- Saturday 13 September 08:30 - 16:30

Registration

The registration fee includes:

- Participation in the sessions and practical workshops
- Coffee breaks and lunch according to the programme
- Dinner on Friday 12 September
- 1 night accommodation at Mövenpick Hotel Tallinn****
- Travel refund for a maximum of € 300,00
- Certificate of attendance

Coffee Breaks and Lunch

Coffee breaks will be offered as follows:

- Friday 12 September 16:00 - 16:30
- Saturday 13 September 14:30 - 15:00

A buffet lunch will be served on September 13 from 12:00 to 13:00.

Badge

Participants are kindly requested to wear their badge during all scientific activities. This will allow them to attend the sessions, coffee breaks and lunch.

Certificate of Attendance

The attendance certificate will be sent by e-mail at the end of the workshop after filling in the customer satisfaction questionnaire.

Wi-Fi

Free Wi-Fi is available in the hotel. Should you need any assistance, please ask at the registration desk.

Privacy Policy

The information on the processing of personal data in accordance with European Regulation n. 679 of 2016 has been distributed with the programme. Please consult the information sheet for further details.

SCIENTIFIC PROGRAMME

Towards Treat-to-Target in SLE

12 SEPTEMBER 2025 - Day 1 -

- | | |
|--------------------|--|
| 13:55-14:00 | Opening remarks
All Faculty and Local Team |
| 14:00-14:30 | Characterizing the heterogenicity of lupus
S. Meisalu (Tallinn, Estonia) |
| 14:30-18:15 | MANAGING COMPLEX SITUATIONS in SLE |
| 14:30-15:00 | Management of joint involvement in SLE
E. Vital (Leeds, UK) |
| 15:00-15:30 | Management of hematological involvement
E.K. Raussi (Tallinn, Estonia) |
| 15:30-16:00 | Management of lupus nephritis
I. Parodis (Stockholm, Sweden) |
| 16:00-16:30 | Coffee break |
| 16:30-17:00 | Management of cardiac involvement in SLE
S. Meisalu (Tallinn, Estonia) |
| 17:00-17:30 | Management of antiphospholipid syndrome
K. Laas (Tallinn, Estonia) |
| 17:30-18:00 | Management of Fatigue in Lupus
L. Arnaud (Strasbourg, France) |
| 18:00-18:15 | Wrap up |

SCIENTIFIC PROGRAMME

13 SEPTEMBER 2025 - Day 2 -

**08:30-10:00 Visit to East-Tallinn Central Hospital
(Rheumatology and Rehabilitation Unit)**

08:30-09:00 Visit of the East-Tallinn Central Hospital

09:00-09:30 **SLE experience in Estonia**
S. Meisalu, K. Otsa (Tallinn, Estonia)

09:30-10:00 **Holistic management in SLE**
Patient representative (Estonia)

Transfer back to the workshop venue

10:30-11:00 **Management of NPSLE**
R. Müller (Tartu, Estonia)

11:00-14:30 Deep dive into T2T in SLE

11:00-11:30 **Towards T2T: Management of Glucocorticoids in SLE**
L.P. Sousa Inês (Coimbra, Portugal)

11:30-12:00 **Towards T2T: Management of low therapeutic
adherence**
Round table

12:00-13:00 Buffet lunch & networking

13:00-13:30 **Towards T2T: Challenges for implementation in daily
practice**
L. Arnaud (Strasbourg, France)

13:30-14:00 **Towards T2T: Shall we use of biologics more early?**
A. Doria (Padua, Italy)

SCIENTIFIC PROGRAMME

14:00-14:30 **Towards T2T: Which biologic for which patient?**
E. Vital (Leeds, UK)

14:30-15:00 Coffee break

15:00-16:15 Bench-to-bedside perspectives

15:00-15:30 **Role of interferon and interferon autoantibodies in SLE**
K. Kisand (Tartu, Estonia)

15:30-16:00 **Molecular profiling of SLE and its clinical implications**
I. Parodis (Stockholm, Sweden)

16:00-16:15 **Closing remarks**
All Faculty



ACKNOWLEDGEMENTS

ENDORSEMENT



Eesti Reumatoloogia Selts
Estonian Society for Rheumatology

SPONSORS

GOLD SPONSOR



Bristol Myers Squibb™

SUPPORTERS

ASTRAZENECA

ROCHE

SWIXX BIOPHARMA