



8th SLEuro

Advanced Workshop on SLE

8-9 MAY 2026

STOCKHOLM, SWEDEN

FINAL PROGRAMME



PRESENTATION

Dear colleagues,

It is our great pleasure to welcome you to the 8th SLEuro Advanced Workshop on SLE, which will take place on 8–9 May 2026 in Stockholm, Sweden. Set in one of Europe's most vibrant and scenic capitals, this workshop offers a stimulating environment for scientific exchange, education, and collaboration in the field of systemic lupus erythematosus.

The SLEuro Advanced Workshop has become an important forum for deepening our understanding of lupus and for promoting discussion among clinicians and researchers committed to improving patient care. This year, we are particularly pleased to introduce several new interactive elements to the programme, including case-based discussions, small-group educational sessions on key mechanisms underlying lupus autoimmunity, and mini debates on current controversies in clinical practice. These additions have been designed to encourage active participation, critical thinking, and close interaction between faculty and attendees.

The scientific programme brings together leading experts from across Europe to address both fundamental and practical aspects of lupus, spanning pathogenesis, targeted therapies, real-world case management, immunological mechanisms, and unresolved therapeutic controversies. By combining state-of-the-art lectures with highly interactive formats, we hope to create a workshop that is not only educational, but also engaging, thought-provoking, and directly relevant to daily practice.

We very much look forward to welcoming you to Stockholm and to sharing with you what we hope will be an inspiring and rewarding meeting.

Warm regards,

Prof. Ioannis Parodis

Local Organizer and President Elect

Prof. Luis Pedro Sousa Inês

SLEuro President



EUROPEAN LUPUS SOCIETY - SLEuro

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Speakers

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Luís Inês (Portugal)

Stefan Jacobson (Sweden)

Karin Lundberg (Sweden)

Dionysis Nikolopoulos (Sweden)

Antonios Psarras (United Kingdom)

Natalia Sherina (Sweden)

EUROPEAN LUPUS SOCIETY



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SOCIAL MEDIA

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GENERAL AND SCIENTIFIC INFORMATION

MEETING VENUES

Elite Hotel Carolina Tower

Eugeniovägen 6, 171 64 Solna, Stockholm, Sweden

Karolinska University Hospital

Eugeniovägen 3, 171 64 Solna, Stockholm, Sweden

SECRETARIAT AND REGISTRATION DESK

The registration desk will be available during the following days and timings:

- Friday 8 May 12:00 - 18:30
- Saturday 9 May 08:30 - 17:15

REGISTRATION

The registration fee includes:

- Participation in the sessions and practical workshops
- Coffee breaks and lunch according to the programme
- Dinner on Friday 8 May
- 1 night accommodation at Elite Hotel Carolina Tower****
- Travel refund for a maximum of € 300,00
- Certificate of attendance

BADGE

Participants are kindly requested to wear their badge during all scientific activities.

This will allow them to attend the sessions, coffee breaks and lunch.

CERTIFICATE OF ATTENDANCE

The attendance certificate will be sent by e-mail at the end of the workshop after filling in the customer satisfaction questionnaire.

COFFEE BREAKS AND LUNCH

Coffee breaks will be offered as follows:

- Friday 8 May 14:30 - 15:00 and 15:40 - 16:00
- Saturday 9 May 10:00 - 10:30 and 15:00 - 15:30

A buffet lunch will be served on Saturday May 9 from 12:00 to 13:00.

PRIVACY POLICY

The information on the processing of personal data in accordance with European Regulation n. 679 of 2016 has been distributed with the programme. Please consult the information sheet for further details.



SCIENTIFIC PROGRAMME

8 MAY 2025 | DAY 1

Lupus in the era of targeted therapies

- 13:00-13:15 **Opening remarks**
I. Parodis (Stockholm, Sweden),
L. Inês (Coimbra, Portugal),
Local Organizing Committee
- 13:15-14:30 SESSION 1: Setting the scene**
Chairs: K. Lerang (Oslo, Norway),
I. Parodis (Stockholm, Sweden)
- 13:15-13:40 **Lupus throughout the history**
F. Faustini (Stockholm, Sweden)
- 13:40-14:05 **From an adverse event in cancer treatment to unravelling the importance of interferons in lupus**
L. Rönnblom (Uppsala, Sweden)
- 14:05-14:30 **Lupus in the era of targeted therapies**
A. Trolldborg (Aarhus, Denmark)
- 14:30-15:00 *Coffee break*
- 15:00-18:05 SESSION 2: Real-world experience (case presentations and contextualisation)**
Chairs: L. Arnaud (Strasbourg, France),
F. Faustini (Stockholm, Sweden),
M. Gatto (Turin, Italy)
- Short presentations of real-world cases*
- 15:00-15:10 **SLE with predominant musculoskeletal manifestations**
E. Vital (Leeds, UK)
- 15:10-15:20 **Lupus nephritis**
S. Jacobson (Stockholm, Sweden)



- 15:20-15:30 **SLE with comorbid APS**
A. Antovic (Stockholm, Sweden)
- 15:30-15:40 **Neuropsychiatric SLE**
D. Nikolopoulos (Stockholm, Sweden)
- 15:40-16:00 *Coffee break*
- 16:00-16:45 **Problem-solving in groups**
Session faculty rotate and interact with groups
- 16:45-17:00 **Case resolution and management of musculoskeletal SLE**
E. Vital (Leeds, UK)
- 17:00-17:15 **Case resolution and management of lupus nephritis**
S. Jacobson (Stockholm, Sweden)
- 17:15-17:30 **Case resolution and management of SLE with comorbid APS**
A. Antovic (Stockholm, Sweden)
- 17:30-17:45 **Case resolution and management of neuropsychiatric SLE**
D. Nikolopoulos (Stockholm, Sweden)
- 17:45-18:00 **Panel discussion**
I. Parodis (Stockholm, Sweden),
A. Troldborg (Aarhus, Denmark)
- 18:00-18:05 **Wrap up**
I. Parodis (Stockholm, Sweden),
A. Troldborg (Aarhus, Denmark)



9 MAY 2025 | DAY 2

08:30-10:00 IMMUNOLOGY FOR RHEUMATOLOGISTS

Groups rotate

The role of B cells in lupus and autoimmunity

K. Lundberg (Stockholm, Sweden)

The role of T cells in lupus and autoimmunity

N. Sherina (Stockholm, Sweden)

The role of neutrophils in lupus and autoimmunity

A. Psarras (Oxford, UK)

Lupus as an interferonopathy

L. Rönnblom (Uppsala, Sweden)

10:00-10:30 Coffee break

10:30-12:00 Visit at the Center for Molecular Medicine (CMM)

K. Lundberg, N. Sherina (Stockholm, Sweden)

Visit at the Rheumatology Outpatient Clinic, Day Care Unit, and Inpatient Ward

I. Parodis, F. Faustini (Stockholm, Sweden)

12:00-13:00 Lunch & networking

13:00-15:00 CONTROVERSIES SESSION 1

Chairs: M. Gatto (Turin, Italy), A. Psarras (Oxford, UK)

13:00-13:30 Assessing lupus activity and damage

BICLA and SDI: E. Vital (Leeds, UK)

SLEDAI and SLE-DAS: L. Inês (Coimbra, Portugal)

13:30-14:00 Treating-to-target in lupus

Possible: L. Arnaud (Strasbourg, France)

An illusion: L. Inês (Coimbra, Portugal)

14:00-14:30 Early targeted therapy

Of course: A. Doria (Padua, Italy)

You must be kidding me: L. Arnaud (Strasbourg, France)



- 14:30-15:00 **Multi-agent therapy in lupus nephritis**
Step-down approach: I. Parodis (Stockholm, Sweden)
Step-up approach: M. Gatto (Turin, Italy)
- 15:00-15:30 Coffee break
- 15:30-17:15 CONTROVERSIES SESSION 2**
Chairs: A. Troldborg (Aarhus, Denmark),
I. Parodis (Stockholm, Sweden)
- 15:30-16:00 **Repeat kidney biopsy in lupus nephritis**
Per-protocol: I. Parodis (Strasbourg, France)
At flare suspicion: A. Doria (Padua, Italy)
- 16:00-16:30 **Glucocorticoid withdrawal**
Possible: A. Troldborg (Aarhus, Denmark)
An illusion: K. Lerang (Oslo, Norway)
- 16:30-17:00 **CAR-T cells and BiTEs**
Lupus is cured: F. Faustini (Stockholm, Sweden)
Give me a break: E. Vital (Leeds, UK)
- 17:00-17:15 **Closing remarks**
I. Parodis (Stockholm, Sweden),
L. Inês (Coimbra, Portugal),
Local Organizing Committee

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ACKNOWLEDGEMENTS

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